Parks & Recreation

Al Smith
Recreation
Center

City of Tecumseh

810 N. Evans Street • Tecumseh, MI 49286 • Phone: 517-423-5602 • www.mytecumseh.org

Tecumseh Parks & Recreation Sports & Events Guide

Fall 2014

Office Hours:

Monday/Tuesday/ Thursday 9:00 AM - 9:00 PM

Wednesday 9:00 AM - 5:00 PM

Friday

9:00 AM - 4:00 PM



Fall Youth Soccer

Boys and girls ages 5 - 11 will enjoy our soccer league!
Children are grouped by age onto teams and we focus on learning the game while having fun. Practices are during the week, beginning the week of September 8, and games are played on Saturday mornings (first game September 13) at Cal Zorn park. Shin guards are required; soccer cleats are recommended, and toe spikes are prohibited in our league.



Please note the 10 & 11 team travels within the county for games and parents will need to make arrangements for their child's transportation to the games.

Our teams are coached by parents just like you! Did you know if you coach your child's team you will receive half off of the registration cost? You also get to choose the practice day and time for your team!

A skills assessment for all players ages 8 through 11 will take place at Cal Zorn Recreation Center on Saturday, August 23.

Ages 5 through 9

6 week session includes a team t-shirt.

Register by August 22: \$60; \$50 city resident

Register AFTER August 22: \$70; \$60 city resident

Ages 10 & 11

7 week session includes a team jersey and remember; this team travels!

Register by August 22: \$70; \$60 city resident

Register AFTER August 22: \$80; \$70 city resident



Youth Flag Football

If school is back in session then it must be time for FOOTBALL!

Our flag football program is offered to both boys and girls ages
6-10 years old. All practices and games will be held at Cal Zorn
park. A t-shirt and mouth guard are included with this program.

Additional mouth guards can be purchased for \$2.00;
your child must wear a mouth guard to play.

Would you like to coach your child's team? We use parent volunteers for coaches and if you coach your child's team you receive half off the program registration.

Ages 8-10 will have a skills assessment on September 8 @ 6PM at the AJ Smith Recreation Center.

Ages 6 - 7 When: Mondays/Wednesdays September 15—October 15

Register by September 5: \$50, \$40 city resident

Register AFTER September 5: \$60, \$50 city resident



Ages 8 - 10 When: Tuesdays/Thursdays September 16—October 16

Register by September 5: \$55, \$45 city resident

Register AFTER September 5: \$65, \$55 city resident

Register for any of the programs in this newsletter before August 22 and you will receive \$5 off your registration! Stop in at the AJ Smith Recreation Center, we are ready to process your registrations and sign you up for our new online program, you will LOVE IT!



Visit us on the web at **tecumsehparksandrec.recdesk.com** to find out more about our online registration system.

Floor Hockey

This fast paced indoor sport is open to boys and girls ages 6 - 10, and it will get your heart pumping! We will play at the AJ Smith Recreation Center; practices held on Monday, Wednesday or Thursday (coach's choice) and games will be played on Saturday mornings. Children are grouped in ages 6-7 and 8-10 year olds. Practice begins the week of

October 27 and the first game is November 8.

As with all our league sports we depend on parent volunteers to coach. Volunteer to coach and receive half off your child's registration.

Equipment provided: safety goggles, one mouth guard, balls and floor hockey sticks.

Shin guards are mandatory and must be provided by participants.

Location: AJ Smith Recreation Center
Register by October 20: \$50, \$40 city resident
Register AFTER October 20: \$60, \$50 city resident



Tot Soccer

After such and exciting World Cup season we are ready to get in our kicks! Our tot soccer program is designed to teach youngsters the basics of soccer and most importantly to have fun. Our program consists of four sessions, all jam packed with skills, drills and games. This program gives little kickers the opportunity to come out of their shell and experience the game of soccer.

Tot Soccer is instructed by Parks and Recreation staff and involves plenty of parental participation!

Tots can play weekdays or Saturday mornings, see information below.

Monday & Wednesday 5:30 - 6:00 PM September 8, 10, 15, & 17



Saturdays 8:30 - 9:00 AM September 13, 20, 27, & October 4

Register by September 3: \$45; \$35 city resident Register AFTER September 3: \$55; \$45 city resident

Preschool Parties - Ages 4 and younger

Dress in your Halloween costume on Friday October 31, 2014 from 10:00 - 11:00 AM and join us for our FREE Halloween Party at the AJ Smith Recreation Center. Crafts, snacks, games and plenty of giggles included!



On Friday December 19, 2014 the AJ Smith Recreation Center is hosting a Christmas party. Join us from 10:00 - 11:00 AM for games, snacks, crafts, and a visit from Santa! This is a FREE event!



Couch to 5K



Have you ever wanted to run a road race? If so, our Couch to 5K is the program for you! This program is designed to have you at the starting line of a 5K road race in just 7 weeks. Each week participants will meet at various locations around Tecumseh for a weekly training session. After the 7 weeks of training, participants will pin on a race bib and hit the road for a 5K road race; The Monster Dash FUN RUN! Our Couch to 5K is instructed by Kristie Jones; she is a veteran runner full of knowledge and is ready to share her passion for running with you!

Cost: \$60; \$50 city residents; includes entry and race shirt for the 5K

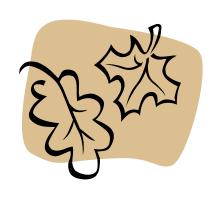
Program Dates and Times: Saturdays @ 8:30 AM September 6 - October 18 Race Day is October 25 The first session will meet at the AJ Smith Recreation Center (810 N. Evans)

Register by September 5









Ever wonder why we call it Indian Crossing Trails? Discover the legends and lore of this spectacular park as

Mickey Alvarado leads you on a guided 4 mile afternoon hike. Halfway through the tour we will pause at
Standish Dam for a break and light refreshments.
This is an intermediate level trail walk. Participants
can expect areas of steep terrain, possible trail
obstacles, and Michigan woodlands natural conditions.
Bug spray, appropriate foot gear and
bottled water are recommended.

When: Saturday October 4 @ 2:00 PM
Location: Standish Dam entrance of Indian
Crossing Trail Park (Enter off of Burt Street.)
Cost: \$5/person or \$15/family of 3 or more

Preregistration is required; space is limited

